

“WHAT’S ON YOUR MIND?”

Innovative talk show that will enlighten the mind, body & soul...

This morning you may have had to discipline your teenager, struggle with a health issue such as heart, lung or headache, or had to face a crisis at work—or perhaps you keep thinking about why your entire 401k keeps shrinking, often we have to juggle so many issues that weigh heavy on our minds. Sometimes, we are searching for answers and need professional advice on how to handle certain situations, **“What’s on Your Mind,”** a new weekly live television talk show airing in January 2009 will help you get the answers you need to some of your worries.

Perhaps you are concerned about the volatile economy, the not so green environment or you just want to understand how to deal with a loved one, whatever the case, a new innovative health and wellness show is designed to provide you with solid advice from a diverse group of professionals who will present state of the art medical advice, holistic and natural alternatives designed to help you improve your mind, body and soul.

The show will be hosted by noted Psychiatrist, Dr. Safdar Chaudhary owner of S’eclairier and co-hosted by Susan Brozek Scott, television personality who will team up with a diverse group of medical, business professionals and special guests who are prepared to address whatever is on your mind. There will be no band aid approaches, but guests on the show want to offer you solutions to some of your day’s stresses. Perhaps it may be exploring, medical expertise in the area, and business solutions in tough economic times, meditation, yoga techniques, healthy eating tips; this show will focus on how we can move forward in healing ourselves from very unhealthy lifestyles.

“What’s on your Mind?” is the only live prime-time health and wellness show in Pittsburgh, airing on The Pittsburgh Cable News Channel (PCNC) Monday nights at 7:30pm (the show will also repeat on the weekends)

Host Biographies

Safdar I. Chaudhary, MD

Safdar I. Chaudhary is Clinical Assistant Professor of Psychiatry in the School of Medicine, Department of Psychiatry, University of Pittsburgh, Pennsylvania. He is a Diplomat of the American Board of Psychiatry & Neurology in General Adult, Addiction, Geriatric and Forensic Psychiatry. For more than 25 years, he has been practicing psychiatry and treatments for addictive disorders. He was selected "A Dozen Making a Difference" by Pittsburgh Post Gazette for the year 2003. In 2006 – within a year of founding S’eclairier, Mental Health Association in Westmoreland County awarded Dr. Chaudhary and S’eclairier "Visionary in Promoting Mental Health-Innovation Award for Recovery". Dr. Chaudhary has served as associate editor of the Allegheny County Medical Society’s Bulletin, since 1998. He served two terms as Medical Editor for this prestigious monthly periodical "Bulletin" ending in 2008. He has organized several CME conferences and educational events.



He is currently medical director of “ S’eclairier” – A new name and commitment to personalized treatment for behavioral health. He is keen to enhance community services, coordinate resources, promote harmony, reduce fears and garnish inner growth.

Susan Brozek Scott

Susan, a native of Springdale, Pennsylvania, and graduate of the University of Pittsburgh, has extensive experience both in front of and behind the camera. Her 28-year television career spanned 4 states and 5 television stations where she amassed vast experience and critical acclaim as an award-winning anchor/reporter/talk show host and most recently as Senior Producer in Local Programming at WPXI-TV in Pittsburgh.



During her 15 years in TV news, Susan was the TV Reporter of the Year in North Carolina, where she also won the Governor’s Award for Conservation Communicator of the Year for her stories on the Environment. In Pennsylvania, Susan won the Pennsylvania Association of Broadcasters Award for Best Spot News Reporting, and during her years as a Programming Producer, she won the PABA Best Documentary in Pennsylvania award, as well as garnered a 2007 Emmy nomination for Outstanding Sports Documentary and a 2008 National Gold Broadcasting Award from the Muscular Dystrophy Association. Susan has produced everything from documentaries to commercials, half-hour talk shows to the annual 2-hour, live Macy’s/WPXI Celebrate the Season Parade. She has also hosted a wide-variety of television programs, including 3 medical talk shows, and shows about animals, cooking, travel and cable TV issues.

Based on needs she saw in society and an entrepreneurial spirit, Susan founded and is President & CEO of Afterschool Buddy, Inc., an education and entertainment company. Afterschool Buddy, Inc. will launch programming focused on children’s issues, multi-cultural diversity, environmental awareness, and health & wellness.

ADVERTISING OPPORTUNITIES FOR THE SHOW: contact Tyler at 724-468-3999 ext: 209 or tyler@seclairier.com